

Mi Via (New Mexico's Self-Directed Waiver)

The "Mi Via" is a home and community based alternative to institutional long-term care placement for individuals who are currently receiving waiver services.

Who is eligible? An individual who is:

Currently receiving services, or has received an allocation for services under the Developmental Disabilities Waiver, Disabled & Elderly Waiver, Medically Fragile Waiver, or AIDS Waiver. Individuals with brain injuries also will receive a direct allocation for Mi Via.

How do I apply? Contact the Aging & Long Term Services Department: 1-800-432-2080.

What are the benefits?

- Full Medicaid
- Case Management
- Personal Support Services**
- Homemaker/Companion services**
- Nursing**
- Community Living Supports
- Non-Medical Transportation
- Therapies (Occupational, Physical, Speech/Language) **
- Respite
- Tier III Crisis Services
- Environmental Modifications
- Personal Planning Facilitation Services
- Goods and Services
- Outlier Services
- Behavioral Support Consultation
- Assisted Living
- Home Health Aide**
- Nutritional Counseling
- Adult Day Health
- PLUS goods and services not available through Medicaid or other Waiver Programs

(Note: ** Indicates services for children from birth up to age 21 that will be provided under EPSDT/Salud! and not under the existing waiver)

Who do I call for information? You may contact Consumer Direct Personal Care: 1-866-786-4999.

Parents Reaching Out Family to Family Health Information Center



We provide information and support for families in New Mexico. We offer educational opportunities and consultation on how to access health care services and support for children with disabilities and chronic conditions.

It is our goal to help families understand their rights and become better informed about:

- Waiver Systems in New Mexico
- Insurance companies
- Managed care providers
- Medicaid
- Supplemental Security Income (SSI) programs

We also offer consultation and training to health care professionals. We bring the family perspective to policy discussions through our work with local, state and national advisory boards of agencies and services providers.

Call Parents Reaching Out today!

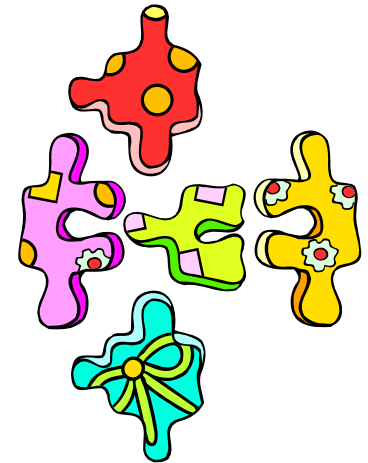
Parents Reaching Out

1920 B Columbia Dr. SE
Albuquerque, New Mexico 87106
Phone: (505) 247-0192
Fax: (505) 247-1345
Toll Free in NM: 1 (800) 524-5176
www.parentsreachingout.org



Parents Reaching Out
Your One Stop Resource for a Stronger Family

Know Your Options



A comparison guide for
Home
and
Community-Based Waivers
in New Mexico

Informed Decisions



It is important to make informed decisions about services and supports for your family. Here are the options and the eligibility criteria for the waiver services in New Mexico.

Medically Fragile Waiver

The Medically Fragile Waiver is a home and community based alternative to institutional long-term care placement for individuals who are both developmentally disabled and medically fragile

Who is eligible? An Individual who has:

- Developmental Disability
- Medically fragile condition
- Diagnosed prior to age 22
- Meet ICF/MR level of care

How do I apply? You can go to your local Income Support Division office (also known as the food stamp office or welfare office) or your Developmental Disabilities Supports Division Regional Office and fill out the Waiver Services Registration form (MAD 325).

What are the benefits?

- Full Medicaid
- Case Management
- Home Health Aide**
- Nursing**
- Therapies (Occupational, Physical, Speech/Language)**
- Respite Care Services
- Nutritional Counseling
- Psychosocial counseling

(Note: **Indicates services for children from birth up to age 21 that will be provided under EPSDT/Salud! and not under the existing waiver.)

Who do I call for more information? Contact the office of the Developmental Disabilities Supports Division at 1-877-696-1472.

Developmental Disabilities Waiver (DD Waiver)

The DD Waiver is a home and community based alternative to institutional long-term care placement for individuals who have a developmental disability.

Who is eligible? An individual who has:

- Developmental Disability or a specific related condition
- Diagnosed prior to age 22
- Meet ICF/MR level of care

How do I apply?

You can go to your local Income Support Division office (also known as the food stamp office or welfare office) or your Developmental Disabilities Supports Division Regional Office and fill out the Waiver Services Registration form (MAD 325).

What are the benefits?

- Full Medicaid
- Case Management
- Nursing **
- Therapies (Occupational, Physical, Speech/Language)**
- Personal Support Services**
- Nutritional Counseling
- Respite
- Tier III Crisis Services
- Non-medical transportation
- Environmental Modification
- Community Inclusion Services
- Community Living Supports
- Behavioral Support Consultation
- Goods and Services
- Outlier Services
- Personal Planning Facilitation Services

(Note: **Indicates services for children from birth up to age 21 that will be provided under EPSDT/Salud! and not under the existing waiver.)

Who do I call if I would like more information? You may contact the office of the Developmental Disabilities Supports Division at 1-877-696-1472.

Disabled & Elderly Waiver (D&E Waiver)

The D&E Waiver is a home and community based alternative to institutional long-term care placement for individuals who are disabled and/or elderly.

Who is eligible? An individual who has:

- Elderly (65 or older), or persons, all ages, with a disability (blind or disabled)
- Meet nursing facility level of care

How do I apply?

You can go to your local Income Support Division office (also known as the food stamp office or welfare office) and fill out the Waiver Services Registration form (MAD 325). Or you may also contact the Aging & Long Term Services Division at 1-800-432-2080.

What are the benefits?

- Full Medicaid
- Case Management
- Homemaker/Companion services**
- Nursing**
- Respite
- Bowel and Bladder Services**
- Environmental Modifications
- Therapies (Occupational, Physical, Speech/Language)**
- Assisted Living
- Adult Day Health



(Note: **Indicates services for children from birth up to age 21 that will be provided under EPSDT/Salud! and not under the existing waiver.)

Who do I call if I would like more information? You may contact the NM Aging & Long Term Services Department at: 1-800-432-2080.